



2019 MSCVPR Executive Board Winter Board Meeting

Thursday January 17 – Friday January 18, 2019

Courtyard by Marriott, Mt. Pleasant, MI

Thursday 2:00pm – 6:00pm

Friday 8:00am – 12:00pm

Meeting Minutes

Attendance: Allison Schley (Immediate Past President), Jen Dean (President), Christine Labadie (President-Elect), Taylor Ollanketo (Vice President), Laura Vaughn (Treasurer), Dawn Jarinski (Secretary), Ashley Waite (Southeast Regional Representative) Lisa Sawyer (Southwest Regional Representative), Denise Schmidlin (Northern Regional Representative)

Old Business

- Previous board meeting minutes approved by Jen, unanimous for approval

New Business

Transition of Secretary Position

- Be advised it is the will of the Executive Board of the Michigan Society for Cardiovascular and Pulmonary Rehabilitation to remove the signer Aimee Katona from our bank accounts. In her stead we instate Dawn Jarinski – document also signed by Taylor Ollanketo; Dawn will take documents to Chase Bank

Regional Updates

- Southeast
 - Opened Pritikin program in St. Joe's Howell location
 - CHF Clinical Trial using bone marrow cells – recruiting patients
- Southwest
 - New staff member at Spectrum working on research trials (working on menopause women with prevention and weight loss)
- Northern – no new updates at this time

Committee updates

- Student – Lisa
 - Conference call scheduled 2/11/19 – share information/communicate with local schools regarding annual conference
- Outcomes – Laura
 - Project with MDHS
 - Target specific counties to increase referrals (Laura has list of counties)
 - Counties identified by the CDC as being “underserved”



- Henry Ford Survey – reached out and stated they would share data with MSCVPR
- Next steps
 - Recruit someone from Northern counties
 - Write grant for travel vouchers
 - Discuss waiving copay with MC + Blue/other payors
- Education and Development Committee – Taylor
 - Phone conference call in December 2018
 - Flyer made for local upcoming conferences – emailed out to MSCVPR contact list in January
 - Compile updated list of state wide programs/member list
 - Adding brief survey at conference (attached to evaluation): program name, city, main phone number, manager/director
 - Will use AACVPR tool-kit for members only section on our website
 - Add discussion forum to website for members to ask questions
 - Linking Million Hearts website/materials to website
 - Add insurance verification tool to website (updated last year)
 - Add copy of “Best Practices of an ITP” on website for members to view
 - Add ICD coding for PR (Melinda to complete)
 - Physician education tool for CR created to increase referrals (stats, benefits, physician benefits)
- Health Policy and Reimbursement – Jenna
 - Take results of PAD survey and review AACVPR PAD tool-kit to develop strategy for programs to implement PAD programs

Day on the Hill

- Monday March 4 – Tuesday March 5 in Washington, D.C. – Laura/Jenna/possibly Lisa Meyers, RN/Pulmonary (recommended by Jackie Evans)?
- Jackie Evans donated back \$500 of her reimbursement – she would like it to be used to send a third person or as scholarship money for students to be members or attend the conference
- Per Laura, 6/14 visits already scheduled (as of 2/12/19)

Strategic Plan Review/Revision

- Core/Standard Plan will be discussed further at Spring Executive Board Meeting (June)
- Core – Each committee: will ask each chair for Action Steps: Review/revise goals, suggest new initiatives for 2019-2020
- Standard – Reviewed and confirmed, will make minor revisions at the Spring meeting
 - Mission statement – consider adding MDHS collaboration
 - Initiative I
 - 3. Edit: Education and Development Committee
 - 4. Increase social media usage



- Initiative II
 - 3. Keep internship opportunities, delete employment opportunities from website unless specifically asked to post specific job opening on website
 - 6. Will post upcoming board meetings on the website to see if members want to call in with questions; “If you are interested in participating in our upcoming board meeting, please contact our current President for more information – will pilot for one year
- Initiative III – reviewed, no suggested edits
- Initiative IV
 - 1. Updating members only page; adding tool-kit
 - 2. Review how we communicate projects (currently in the newsletter); expenditures (treasurer report added to website after conference) or provide when specifically asked
- Initiative V
 - 1. MSRC offer discounted MSCVPR conference price (same discount as MSCVPR) – will ask if MSRC will reciprocate
 - 6. PCNA – consider offering discount; figure out how to verify status within society – discount code distributed to members of society
 - 8. American Heart Association – use of materials
 - 10. COPD Foundation – use of materials

Treasurer’s Report

- Reviewed current status
- Reviewed 2018 spending
- Completed budget proposals for 2019 (Laura has detailed report)

Open Positions for 2019

- VP – Email sent out to all MSCVPR members
- Northern Representative

30th Annual MSCVPR Conference

Schedule:

Friday Night:

5:45 – 6:45PM: Registration/Check-in at Hotel

7:00PM – 10:00PM: Networking Event Hosted by MSCVPR at Mountain Town Station

Networking Event

- Location: Mountain Town Station, 7:00 – 10:00PM
- Drink tickets (2 per person) given at Mountain Town Station
- Menu: \$14-16 per person; ~\$2500.00 including gratuity



- Mini chicken quesadillas
- Barbeque pork sliders
- Spinach and artichoke dip with tortilla chips
- Fresh vegetables with fresh hummus
- Roasted garlic and herb stuffed mushrooms

Saturday Sessions

7:15AM – Registration/Check-in

7:45AM – Business Breakfast (Christine is finalizing menu)

- Jennifer Dean, President, MSCVPR
- Committee Chair Updates
 - Outcomes
 - Student
 - Education and Development
 - Health Policy and Reimbursement

8:15AM – Jun Ma, MD, PhD, FAHA, FABMR

- Behavior Changes in Adults with Chronic Diseases

9:00AM – Vendor Exhibits

9:30AM – Breakout Session #1

- Kirk Hendrickson, MS, CEP-ACSM – Revitalizing the Conventional Stress Test – Beyond ST Segment Depression
- Melissa Millerick-May, MSc, PhD – Hypersensitivity Pneumonitis

10:05AM – Jill Moore, BSN, RN, CDE

- Diabetes – We’ve Come a Long Way

10:45AM – Dino Recchia, MD, FACC, FHFA

- Update on Heart Failure

11:30AM – Lunch Sponsored by MSCVPR

12:30PM – Breakout Session #2

- Elizabeth Stephens, FNP-BC – Pacemakers
- Julia B. Becker, MD – Update in Asthma Care

1:15PM – Breakout Session #3

- Karen Lui, RN, MA, MAACVPR – Cardiac Rehabilitation Medicare Reimbursement
- Jannie Knipper, RN, MA, MAACVPR – Unlocking the Mystery of Medicare Rules for Pulmonary Rehabilitation

2:15PM – Break

2:30PM – Karen Fuller, MPH and Kristina Dawkins, MPH

- Identifying Value of Cardiac Rehabs in Million Hearts® Prevention

3:15PM – Keynote Speaker – Barry Franklin, PhD, MAACVPR, FACSM, FAHA *Sponsored by ScottCare

- Physical, Chemical, and Psychological Triggers of Acute Cardiac Events: Novel Prophylactic Strategies

4:15PM – Closing Remarks/Evaluations



Education Credits – Deadline is 1/29/19 to submit documentation for AACVPR credits

- Denise applying for nursing credits
- Dawn applying for EP's credits
- Mona/Lisa's coworker, Nancy applying for RT's credits

Hotel Room Cost

- \$119/night
- Reservation icon to be put on MSCVPR website; call hotel at (989) 773-1444, code MSCR
- Deadline to book room at discounted rate – March 15

Conference Registration Cost – Going Live with Registration on February 16

- Early Registration (before March 15)
 - MSCVPR member: \$125
 - Non-member: \$175
 - Student: \$50 for one student or \$75 for two students
- Regular Registration (after March 15)
 - MSCVPR member: \$175
 - Non-member: \$225
 - Student: \$50 for one student or \$75 for two students
- Cancellation by March 22 for refund; no refunds after March 22

Payment for Conference

- Chase Bank
- Chase icon/button to be put on MSCVPR website

Vendors

- Taylor has detailed report of all vendors; will upload to the MSCVPR Box once complete
- Vendors are able to set up their table the night before; list of vendors who will set up the night before will need to be given to the hotel
- Taylor will design game card – prize: free conference registration for next year
- Slideshow of vendor logos will be made to be displayed on TVs throughout hotel hallways

Committee Chair Table will be set up during Vendor Exhibits

- Open for questions specific to committees

Brochure – Emailed out and posted on MSCVPR website February 4, will email out again on February 16 when registration opens

Speaker Bios and PowerPoint Slides

- Please email to Christine by March 1



Supplies – Inventory completed by Christine

- Laura to order: member ribbons, name badges, folders
- Banner ordered by Lisa with new logo \$70!!
- Dawn will create Snapchat filter for event
- New logo on clothing will be sent to Lands' End for future clothing orders – unsure who will contact Lands' End to make change

Folders

- Allison will print new logos to place on front of folder
- Christine to print materials to be placed in folders

Give Away – Pop sockets with new logo (150 ordered for \$802; received by Laura)

**Blue stethoscope? – no concise decision on if we wanted to purchase this as a door prize

Recording Speakers/PowerPoints on Website

- Laura working with Courtney regarding recording; she will record all day, waiting for quote of total cost (\$1900+)
- Pilot for recording – \$20 per presentation (1 CEU per presentation); bundle of all presentations – depending on how many recorded presentations we choose to post on website
- Considering adding some presentation PowerPoint slides to website

Evaluation Forms

- Will use existing evaluation to be completed in order to receive credits
- New questions to be added to registration: name of program, city, main phone #, program manager/director

Bylaw Review

- See updated bylaws document in MSCVPR box
- Requested that Denise's husband who is a lawyer to review bylaws

Conference 2020 – Bay City, MI

- Tentatively scheduled for March 28
- Will not be announced at meeting
- Taylor will begin looking into planning the event