



2018 MSCVPR Executive Board Fall Board Meeting

Saturday, November 10 2018

Central Michigan University

Saturday 10:00AM – 2:00PM

Meeting Agenda

Attendance: Allison Schley (Immediate Past President), Jen Dean (President), Christine Labadie (President-Elect), Taylor Ollanketo (Vice President), Laura Vaughn (Treasurer), Dawn Jarinski (Secretary), Lisa Sawyer (Southwest Regional Representative)*, Denise Schmidlin (Northern Regional Representative)*

*Called in via conference call

Old Business

- Previous board meeting minutes approved by Jen, unanimous for approval

New Business

Committee Updates

- **Student**
 - Updated the internship site list and added to the MSCVPR website
 - Representing at University Fairs
- **Outcomes**
 - Expanding on creating program certification tool-kit; performance measurement tools; pertinent dates, provide direct links for what people need, something for members only section – helping programs who are recertifying with specific dates/timeline
- **Education and Development**
 - Sent out the newsletter, revamped formatting, more professional looking
 - Mona is working with a new Pulmonary Rehab at Lakeland in St. Joseph – given information packet and is available to help with any additional information that they need – still waiting on updated pulmonary rehab directory, work in progress by MSRC;
- **Health Policy & Reimbursement**
 - Jenna email: completed survey on PAD across the hospitals – 53 responses to see who is participating 39/53 have implemented a program – each hospital is following a different patient plan (ITP, progress notes, patients track progress/ adding to Phase 2/Phase 3 class) – each hospital has noted that they are unsure how to help patients with a high fall risk (typically use a TM) – not cleared for TM, use seated pieces of equipment still shows benefit – designing a PAD protocol on bike/NS
 - Consider sending out a more specific survey: name your program/hospital to identify how many programs have begun PAD program and to see why others are not, what



barriers there are; if people are interested in starting a program, what can we do to help to make programs have more consistency (adding to members only resource)

- Possibility of adding auto-referral order for PAD to EPIC similar to current auto-referrals for cardiac rehab

Regional Updates

Southeast – Regional Meeting on Tuesday 10/23 ≈ 40 people in attendance

- Dinner sponsored by LSI
- Speakers/Topics:
 - Shrin Hebshur, MD: Electrophysiology Concepts for Exercise Physiology
 - Melissa Hilton, MSN, RN, AGCNS-BC: Diabetes Basics
 - Jen Dean, MS, ASCM-CEP: MSVCPR/AACVPR Update

Southwest – Regional Meeting on Thursday 11/8 – 50 people in attendance

- Dinner sponsored by LSI
- Topics:
 - Pulmonary Rehab
 - Dietician: general nutrition, discussed what she utilizes with cardiac and pulmonary patients
 - Psychologist: psychological factors relating to cardiac and pulmonary rehab patients
 - Enhance External Counterpulsation (EECP)
 - Resistance Training for Pulmonary Rehab patients & outcomes

Northern – Regional Meeting on Tuesday 10/30 – 35 people in attendance

- Dinner sponsored by LSI
- Speakers/Topics:
 - Diabetic Educator: managing DM in cardiac and pulmonary rehab patients
 - She offered to come to the state conference to present a breakout session
 - Dr. Rutterbush (family practice MD with mental health background): stress, anxiety and depression in cardiac/pulmonary rehab programs

AACVPR Leadership Forum Update - Christine

- New online CEU application process coming in Fall 2019 – Jen will receive emails regarding updates
- World Heart Games – Olympic style competition – team vs. individual sporting events
 - Basketball/volleyball/softball/tennis/golf and many more events
 - June 7 – 8, 2019: Hosted by Lenoir-Rhyne University in Hickory, North Carolina
 - AACVPR offering up to \$1000 scholarship for staff and Phase 3 patients
 - Application online to apply



- Looking for volunteers (more emails to come with more information)
- AACVPR Higher Logic Hosted Website – community based online platform – beta tested in Wisconsin – wiscphr.org
- Outstanding Affiliate Award – not applying this year, but once we set up tool-kit, new website, we will consider applying in the future
- Copyright law/trolling software – use materials we have permission to use
 - Posting lecturers presentations with copyright infringement on MSCVPR causes us to also have copyright infringement
- Other affiliates created a media/marketing chair position – membership, website, social media, photo/video, webinar, email (we have established that the immediate past president to take on majority of this role)
- Other affiliates also started “member only events” – contacted vendors to tour facilities (FitBit, Zoll, Pacemaker companies) – reported great attendance from members who toured
- Other affiliates allowed vendors to speak for 5 minutes at the conference to increase exposure and also had vendors pay to promote on their website
- Medicare advantage plus – CMS established cap on max co-pay \$50 CR, \$30 PR; 2015 Budget Act - Site of Service: \$116.66 reimbursed if within hospital, more than 250 yd’s away from institution \$14.49 reimbursed
- CMS Audit – Deficiencies:
 - ITP signed after date of service
 - Exercise prescription not signed or completed
 - Insufficient psychosocial assessment
 - Billing errors due to poor documentation
 - Lacking supporting documentation

AACVPR National Conference Update – Jen

- Promoted valued based care
 - Million Hearts Initiative – Partnership with Medicare and CDC
 - Goal – increasing cardiac rehab participation to 70%, thus reducing one million or more heart attacks or strokes in the next five years
 - Tool-kit/change packet online with resources/materials
 - Strength of a physician endorsement – promoting cardiac rehab
 - Allison added campaign information to MSCVPR website
- No set staff patient/ratios per Medicare or AACVPR guidelines
- Tip: add exercise prescription to ITP and have it signed and dated before date of service
- Patient billed for session for \pm 31 minutes, even if they do not exercise
- PAD: 36 sessions over 12 weeks; no set number on how many sessions per week

Day on the Hill

- Monday 3/4 – Tuesday 3/5, 2019 in Washington, D.C.
- Focus message will be sent out closer to event



- Planning to send: Jenna, Chris Harrington? (Laura will attend if Chris is not able to), Denise would also like to attend sometime in the future!
- Jackie Evans donated back \$500 of her reimbursement – she would like it to be used to send a third person or as scholarship money for students to be members or attend the conference

MDHHS Partnership – Laura

- Contact: Karen Fuller – works with the heart disease and stroke prevention team
- Applied for two grants from the CDC:
 - Home based cardiac rehab pilot did not get funded
 - Exploring a partnership – gives us a year to build a relationship with MDHHS – They are helping bring awareness to our services by increasing the number of referrals for cardiac rehab. They would like to following from us:
 - Presenting at 1-2 more conferences before the end of 6/2019 where there are providers who are resources for cardiac rehab – the goal is to increase referrals to the service
 - Meet with them over the phone or in person once per month
 - Speak at our conference
 - Form an internal committee
 - Refine the educational materials dispersed at conferences
 - Adding educational materials to our website for providers to learn more about our service
- Looking for a way to measure an increase in referrals based off of this effort
- Allison has access to the Blue Cross Blue Shield registry; if able to find a use this data
- Laura will get a list of the counties MDHHS is looking at specifically – then will try to send a survey monkey to see if faculties are already tracking who is referred to their programs and who actually enrolls
- Michigan Primary Care Association Conference: 137 community health workers in attendance (50 RNs, the rest were providers, NPs/PAs)
- Grant: approximately \$9,000
 - Funds given to who participates: travel, phone meetings, responding to emails

Website Update – Allison

- Recommended logo change – it should be simple and should be able to be drawn
 - All board members agreed to change the logo
 - Allison will email sample logos – all board members will vote to finalize
- Members only section included
- Performance measurement tool-kit included
- Sponsors
 - Platinum (proximately displayed on bottom of website); Gold/Silver/Bronze (click to view)



- Link with how to apply to become a sponsor
- All apparel will be updated with new logo
- Goal – have new website up and running prior to conference registration
- Cost of website: \$2-3,000

Conference 2019

- Speakers – 2018 Conference: 11 Speakers with 3-4 breakout sessions *Please add your confirmed speakers; or we will update this list at our Winter meeting*
- Vendors – Confirmed: LSI
- Brochures – Taylor/Dawn will work on revamping
- CEUs/CECs/RT credits
 - RN – Denise
 - EP – Dawn
 - RT – Lisa will check with someone she works with regarding the process (Mona may be able to help as well)
- Supplies – Christine will inventory and make a list of needed items
- Room Reservations – must be submitted by March 15
- Networking Event – Mountain Town Station: 7:00 – 10:00PM
 - The entire venue will be reserved for event – estimated for 75 people
 - 2 drink tickets per person at \$5 (cash bar following 2 drink tickets)
 - Able to choose menu – approximately \$14 per person
- Presentations on USBs?
- Give away – Pop sockets with new logo
- Video quote to record presentations including editing: \$1200 – Courtney Jerome
 - 2-3 presentations: video of person speaking, video of presentation with voice of speaker or a combination of both

Treasurer Update – Laura

- Savings Account: \$34,477.46
- Checking Account: \$2,998.96 – expecting dues and directors/officers reimbursement
- Major expenses leading up to conference
 - Website
- Chargers from 2018 conference given to Lisa’s regional meeting
- Laura would like a list of who attended the regional meetings to compare to who attended the 2018 conference and to be able to send updates/conference dates