



## 2013 MSCVPR Executive Board Fall Board Meeting

Saturday October 12, 2013

CMU – Health Professionals Building, Room 2150

Start time 10:00am

**Attendance:** Nicole Vivoda (President), Fritz Petersen (President Elect), Heath Finn (Vice President), Patrick Walden (Treasurer), Jodi Radtke (Secretary), Joseph Bryant (Incoming Secretary), Vicki Asaro (SW Regional Rep.), Matt Lyons (CMU), Katie Kronin (Student Board Member).

**Called In:** Jenna Brinks (Immediate Past President)

**Not Present:** Greg Schraf (North Regional Rep.) Allison Poremba (SE Regional Rep.)

### Old Business

- Summer Board Meeting Minutes approved by Jodi, seconded by Joe, unanimous for approval.
- July Conference Call Minutes approved by Heath, seconded by Fritz, and unanimous for approval.
- August Conference Call Minutes approved by Heath, seconded by Fritz, and unanimous for approval.
- September Conference Call Minutes approved by Heath, seconded by Fritz, and unanimous for approval.

### New Business

#### Committee Updates

##### Student

- **MSCVPR 2013/2014 Student Committee Initiative**
  - Seeking out Collegiate Job Fairs and other helpful venues to inform college students about the MSCVPR organization and how they can get involved. They are hoping to have 1-2 informational booths set up at different venues to advertise MSCVPR.

##### Outcomes

- **2013 QI Project – Sodium Screener**
  - 17 Programs participating
  - First mass screening completed in August
    - Approx. 550 patients screened
    - Approx. 20% compliant with DASH diet
  - Second mass screening Oct. 14<sup>th</sup> - 25<sup>th</sup>
  - Third mass screening Dec. 9<sup>th</sup> - 20<sup>th</sup>
  - Goal to have 2000 completed surveys
- **2014 QI Project - Fat Screener**
  - Considering mirroring the 2013 QI project pending the outcomes, level of participation, etc. Further discussion of the 2014 project will take place in 2014 following completion/review of the 2013 project.
- Next All Programs Call: November 19, 2013, 12-1pm
- Next Committee Call: January 2014 date/time TBD



## MAC

- CMS may cover CHF starting in December.
- Encouraged to contact billers to increase prices for Pulmonary Rehab.
- Encouraged contacting congressmen to approve s.382 which would allow mid level providers to supervise cardiac and pulmonary rehabilitation.
- Diagnosis codes may change to be more specific (ICD-10) starting in the fall of 2014 .
- Programs are being asked to track high copays.
- Blue Cross may pay or reimburse for gym memberships like Silver Sneakers.

## Education

- See Annual Conference

## Membership & Marketing

- 120 members currently
- All vendors and university program directors to be included on email list. Will place a footnote on the email that if “you do not want to be on the email list to contact MSCVPR to have your name removed”.
- Committees to be promoted at regional meetings
  - Committee members do not need to be AACVPR/MSCVPR members
  - Committee chairs need to be MSCVPR members.

## Regional Meetings

- Weekly email reminders to register for regional meetings to be send out by Jodi/Joe.
  - Send brochures to Nicole so that she can put it up on the website and Facebook.
  - Email brochures to all members and all programs in region.
  - Donna Donakowski to be reimbursed \$125 for travel expenses to speak at both Southwest and Northern Regional Meetings or \$50 for 1 meeting.
    - Nicole to email Donna about reimbursement
  - Regional Meetings being sponsored need to send an estimated cost of regional meeting to Patrick, as sponsored items are considered income.
- **Southeast Meeting:**
    - Tuesday, October 22 at 6pm
    - Will be held at the PNC building in Royal Oak
    - Sponsored by Fitness Things
    - Topics:
      - New Frontiers in Interventional Cardiology -Dr. Akshay Khandelwal, MD
      - Understanding an LVAD - Dr. Yelena Selektor, MD
      - LVAD from a patient’s perspective - Patients talk through their experiences
      - MSCVPR Board Update and AACVPR Annual Meeting Review - Nicole Vivoda, BS
    - CEC’s and CEU’s available \$5 for members and \$10 for non-members



- **Southwest Meeting:**
  - Tuesday, November 5
  - Will be held at Borgess Medical Center
  - Sponsored by Borgess
  - Topics:
    - Program Certification and other AACVPR Business – Donna Donakowski /MSCVPR Board Update – Fritz Peterson
    - ACS–Vishal Gupta, MD
    - My Patient is Emotional... What do I do? – Kate Holaday , LPC, LMSW
    - Recent Advances in Cardiothoracic Surgery –Jerry Pratt, MD
  - CME's available for doctors and nurses for free.
  - CEC's available for EP's for \$5.
  - Marketing department sent 3 fliers per program in region.
  
- **Northern Northern Meeting:**
  - Friday, November 1 at 1:00pm
  - Will be held in Mackinaw City
  - Topics
    - AACVPR Program Certification –Donna Donakowski
    - Senate Bill –Donna Donakowski
    - Care Plans
    - Program certification
    - ITP
    - Billing
    - Phase 3

## Open Positions

- **Vice President**
  - To be marketed as President Elect and Vice President planning conference with Education Committee
  - Outline to be created to help Vice President
  
- **Treasurer**
  - Discussed by Patrick and Board
  - Term to be changed for treasurer to serve a 4 year term
  - Bylaws to be updated at winter board meeting
  - Announcement/Explanation to be done at annual conference
  
- **Southwest Regional Representative**
  
- **Student Board Member**



## BUDGET / Treasurer Report

- **Income**

- Balance as of January 2013 - \$23,259.85
- Conference Registration - \$12,167.90
- Vendor Fees - \$4,350
- AACVPR membership reimbursement - \$2,863.44
- T-shirts - \$480
- Regional Meeting Sponsorship line to be added as an expense.

- **Expenses**

- AACVPR Sponsorship - \$500
- Bank Charges: \$0
  - No fees as long as we have an average daily balance > \$5000.
  - Paypal expenses to be included in bank charges.
- Board Mileage - \$880
- Day on the Hill - \$0
  - Donna didn't go due to weather.
- Grant expenses - \$2402.12
  - Nutrition Quest - \$2,000
  - Conference expense related to MDCH - \$402.12
- MSCVPR Conference - \$13,710.06
- Presidents AACVPR Conference - \$1388.70
- Regional Meetings
  - \$300 so far for AACVPR credits
  - \$125 to be offered to Donna for travel expenses
- State Annual Report - \$40
  - \$20/year to have Board Members electronically filed with the state.
  - This was not paid in 2012.
- Student Committee - \$0
- Treasurer's Expenses - \$97
  - Postage - \$5
  - Checks - \$50
  - Quicken - \$41
- Winter board meeting - \$565.34 spent due to weather.
- Website - \$263
  - \$75 to move/start our own website registered to MSCVPR.
  - \$10 set up fee for a new account.
  - \$9.95 domain name.
  - \$109 hosting fee for 2 years.
- IRS - \$850
  - Tax exempt as an organization for the federal government
  - Question if we need to pay annually or if we can file under AACVPR because we are a joint affiliate. Nicole to follow up with AACVPR.
- T-shirts - \$902.57
- Line Items to be removed
  - Board Calls
  - MAC Transition Spending



- Membership Brochures and Printing
- Memberships Returned
- Membership Returned – Students
- Proposed 2014 expenses to be determined at winter meeting.

## **PayPal Account**

- 6732.90 being sent to Chase Bank account.
- Fritz closing current PayPal account
- Patrick to open new PayPal account
  - Account to be addressed to MSCVPR (not individual person) and routed to Chase Bank
  - President and Treasure to have access to account
  - Patrick to look into service charges associated with PayPal account
- Chase Bank and PayPal offers smart phone credit card scanners
  - Possibly to be used/tested at SE regional meeting

## **Update from AACVPR / National Conference**

- AACVPR Certification (CCRP) Coming in 2014. This is a personal certification through AACVPR
- Innovation award is back
  - Regional representatives are to announce this opportunity at the regional board meetings
  - Applications to be submitted to us by March 1, 2014.
  - Winner to be presented at MSVCPR Conference.
- 2014 Day on the Hill - March 13<sup>th</sup> and 14<sup>th</sup>.

## **Communication with membership**

- Board Meeting minutes to be summarized and sent out to membership by President.
- Conference call meeting minutes will not be sent out to membership.
- Discussed allowing members to come to both Summer and Fall Board Meetings

## **2014 25<sup>th</sup> Annual MSCVPR Conference**

- Speaker agreements sent out.
- Waiting to hear back from:
  - Jane Martin – Pulmonary
  - Dr. Visovatti – Pulmonary HTN
  - Dr. Gay – Interstitial Lung Disease
  - Donna Donakowski
- President to open the conference. Vice President to present the first speaker.



## Date

- March 27-28 at the Double Tree in Bay City.

## Speakers/ Topics

- Dr. Barry Franklin- 25 years of MSCVPR/Cardiac and Pulmonary Rehab
- Victor Stretcher PhD - Motivational Interviewing
- Adam DeJong - AACVPR Update
- Adam DeJong - Update on Student Heart Screening
- Dr. Ruwende, MD PhD - New Cardiovascular Approaches in Contemporary Medicine of Aortic Stenosis, Hypertension and multivessel disease.
- Kirsten Roberts, RN - Update on CHF
- Kirsten Roberts, RN - Outcomes Project Overview
- Dr. Visovatti, MD Pulmonary Hypertension and appropriate exercise prescription for PH patients
- Lisa Holst, RN Angel Med project
- Dr. Girgis MD - Lung Transplantation updates
- Kirk Hendrickson - Evaluation and Treatment of Medically Complex Patients Referred to Exercise-Based Cardiac Rehabilitation: Challenges and Experiences in Maximizing Effectiveness and Minimizing Risk
- Donna Donakowski - Updates on AACVPR Registry
- Donna Donakowski - Reimbursement issues with Blue Cross Advantages and High Co-pays
- Marti Funnell, MS, RN - Empowerment

## Credits

- Once speakers are locked in then we can go forward applying for nursing CEU's.
- **CEU's**
  - Nursing Credits –thru Ohio.
  - 3 RN's are necessary on the planning committee to get nursing credits. Margaret willing to assist in some way, but doesn't want to take the lead. Jodi to discuss with Karen.
- **CME's**
  - Vicki applied for CME's for her SW regional meeting through the Michigan State Medical Society (MSMS) Committee.
  - MSMS Committee on CME Accreditation is recognized by Accreditation Council for Continuing Medical Education (ACCME).
  - The Michigan Board of Nursing accepts continuing educating credits from ACCME.
  - This might be an easier way to get credits for nurses.
- **CEC's**
  - Joe will apply for AACVPR credits, Allison to assist if necessary

## Save the Date/Brochure

- Jodi sent out a 25<sup>th</sup> Anniversary –Save the date to all members in July.
- Save the date for all vendors sent out in August.



- Conference Brochure to be sent out the 2<sup>nd</sup> week of January.

### **Prizes**

- Door Prizes not to be given at the end of the conference, but in between speakers.

### **Conference budget**

- To be discussed at our next conference call.
- Discussed putting slides on website vs. giving binder
  - Heath to ask speaker permission to put slides on website in the speaker agreement.

### **Honorarium**

- \$250 for MD/PhD and \$125 for everyone else.

### **Networking**

- LSI sponsoring Friday night social/dinner. This will be held in the VIP area on top floor, included in with hotel cost.
- Tentatively conference will end on Friday at 5 and we'll schedule social/dinner shortly thereafter.
- Board to skip dinner and attend LSI sponsored event.

### **Food**

- **Friday Breakfast**
  - Heath to look into smaller breakfast options
- **Saturday Breakfast**
  - To be our normal lunch business meeting
- **Saturday Luncheon**
  - To be focused on awarding those involved (i.e. Presidents) over the past 25 years.

Next board meeting

January 23-24, 2014

Double Tree in Bay City

Respectfully submitted,

Joe Bryant and Jodi Radtke